



Aqua Fitness Instructor required

Portmarnock sports & Leisure Club - Dublin

We are seeking a highly motivated Aqua Fitness Instructor with a passion for helping others improve their lives through health and fitness. Our Fitness Instructors are responsible for designing, implementing and leading safe, effective and enjoyable group fitness classes to leisure center participants of various fitness levels. If you are personable, friendly, dedicated and passionate about fitness and changing lives - this role is for you!

Our Ideal Candidate

- Will have prior experience in instruction of specific specialty.
- First Aid certification is preferred.
- Has an understanding and knowledge of exercise science, nutrition and wellness to promote fitness and educate participants.
- Ability to communicate effectively to establish and maintain working relationships with employees and the public.
- Will have knowledge of the principals and practices of fitness programming.

Minimum Qualifications

- Must be at least eighteen (18) years of age.
- PFS Aqua Aerobics certificate or equivalent qualification.
- Current Group Fitness Certification from an accepted national certifying organisation
- Possession of current certifications in CPR/AED required.

The job description above covers the main duties of this position. Please note, as a team member, there may be additional responsibilities that are required to meet ongoing needs of the department.

Interested candidates should apply with cv to info@pslc.ie.

P.S.L.C. ~ 'The Place to be'