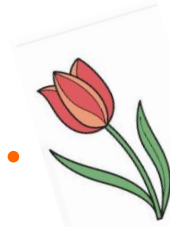


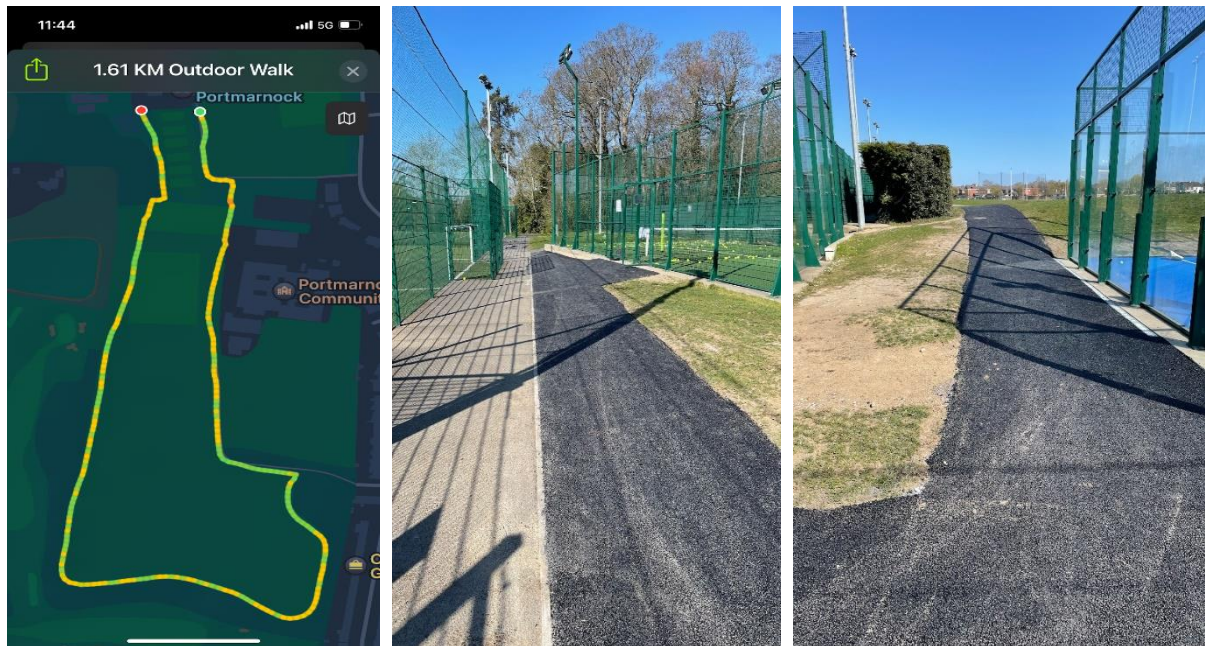
# PSLC April News.



Hope you all enjoyed the Easter Break and are looking forward to bright Summer Days and Evenings with lots of activities at the **PSLC**.

Thanks to **Fingal CC** for finishing the walkway and surrounds down by the Padel courts, this was much needed and is now a lot safer for walkers as well as Padel and 5-a-side players.

If you haven't tried the new Pathway around the Woodlands pitches you should have a go... starting at the **PSLC** Reception and taking the loop its about 1.6km and then have a Well-deserved cuppa at **Après** afterwards...



Great to see so many entries for the **Après Coffee** shop Easter colouring competition well done everyone who took part and congrats to the lucky winners!.

Remember as well as the sitting area at **Après** there is also more seating available in the Oakwood Room and on the Balcony for those sunny days. Don't forget you can also pick up some lovely local Flower Bouquets at the weekends and pots of Portmarnock Honey when stocks are available.

Our **Food Partner PUCK** has had a very busy start to the year at the **PSLC**.

**Puck** is not just about delicious burgers, they have extensive menu options, including Brunch at the weekends, and catering for all functions that require Food. If you're having a social event, just call in to see Aoibheann and she can make a menu to suit you and your budget. And the good news is... if you're having a function at home her team will freshly prepare and delivery to you taking all the hassle out of your home event, so you can relax and enjoy.

### DINNER MENU

**SNACKS & SHARING**

**Crispy Buttermilk Boneless Chicken 'wings'** €13.5  
buffalo sauce & blue cheese dip w/celery 2,5,13,14  
OR homemade smokey bbq sauce with ranch sauce 2,12,14

**Salt and Chilli Chicken €15**  
Crispy buttermilk chicken tenders in salt and chilli seasoning with pickled chilli's, scallions, fresh coriander with curry sauce/sweet chilli sauce for dipping 5,12,13  
make it a spice bag additional €3

**Pulled Pork Nachos €13.5**  
Home fried corn tortillas with 8 hour braised pulled pork cheese sauce, pico de gallo salsa and freshly made guacamole 5,14

**FRIES**

**Handcut Rosemary Fries €4.75**

**Pulled Pork Loaded Fries €8.5**  
Our slow braised pork with bbq sauce, cheese sauce topped with puck sauce 2,5,6,10,13,14

**Bacon & Cheese Fries €7**  
Pucks handcut fries topped with cheese sauce and bacon 5

**Chilli Beef Loaded Fries €8.5**  
Pucks handcut fries topped with homemade chilli beef, cheese sauce, chipotle mayo and fresh chilli 2,6,13,14

**SANDWICHES & WRAPS**

**Taandoori Chicken Ciabatta €13**  
Grilled taandoori chicken, curried mayo, rocket and cherry tomato in a warm crusty ciabatta 2,6,8(Wheat)

**Steak Sandwich €19.5**  
Grilled Striploin steak, homemade crispy onion, smokey caramelised onion may & Dijon mustard, sliced tomato rocket in a warm crusty ciabatta 2,6,8(Wheat),10

**Pucks Chicken fajita Wrap €13**  
Sautéed chicken, peppers and onions with our house fajita seasoning, rocket, feta cheese and chipotle mayo 2,6,8(Wheat),13

**BURGERS**

**Classic Puck €13.5**  
JW Smyth aged beef pucks, puck sauce, cheddar, lettuce & pickled onion in a brioche bun 2,6,8(Wheat),10,13,14

**Bacon Cheeseburger €13.5**  
JW Smyths aged beef pucks, ketchup and mustard, streaky bacon, cheddar and homemade pickles in a brioche bun 2,6,8(Wheat),10,13,14

**Smokey Puck €14.5**  
JW Smyths aged beef pucks, puck sauce, cheddar, streaky bacon, caramelised onion and lettuce in a brioche bun 2,6,8(Wheat),10,13,14

**Chicken Puck €14**  
Grilled jerk Irish Chicken thighs, cheddar, lettuce, pickled onion, mango mayo in a brioche bun 2,6,8(Wheat),14

**Veggie Puck €13.5**  
Beyond Burger, puck sauce, cheddar, lettuce, pickled onion in brioche bun 2,6,8(Wheat),10,13,14

**KIDS MEALS**

**Burger & Fries €8.5** 6,8(Wheat),13  
**Cheeseburger & Fries €9** 6,8(Wheat),13  
**Chicken Tenders & Fries €9.5** 6

**SOMETHING SWEET**

**Warm Chocolate Brownie €6**  
Chocolate fudge brownie with chocolate sauce and mascarpone cream 2,6,8(Wheat)

**Warm Chocolate Chip Cookie €6**  
Our homemade chocolate chip cookie with chocolate dipping sauce and vanilla ice cream 2,6,8(Wheat)

**SO GOOD!**

**PUCKS SHARING PLATTER €39.5**  
Pulled pork sliders & beef sliders  
Buffalo wings with blue cheese & BBQ wings  
glazed cocktail sausages & fries  
(serves 2-3 people)

**ALLERGENS**  
1.Moluscs 2.Eggs 3.Fish 4.Lupin 5.Soya 6.Milk 7.Peanuts 8.Gluten 9.Crustaceans 10.Mustard 11.Nuts 12.Sesame 13.Celery 14.Sulphites

### BRUNCH MENU

10 - 4PM SATURDAY & SUNDAY

**EGGS AND STUFF**

**Breakfast Brioche €13**  
Smashed Pork, smoked streaky bacon, fried free range egg, cheddar, caramelised onion, smokey puck sauce in a warm brioche bun with a homemade fried rosti potato 2,6,8(Wheat),10,13,14

**Bacon Brioche €13**  
Streaky bacon, fried free range egg, homemade smashed avocado, feta cheese & pickled onion in a warm brioche bun with a homemade fried rosti potato 2,6,8(Wheat),14

**Veggie Brioche €13**  
Smashed Veggie sausage, fried free range egg, cheddar, pickled onion, smashed avocado in a warm brioche bun with a homemade fried rosti potato 2,6,8(Wheat),14

**Mushrooms on Toast €13.5**  
Sautéed mushrooms in creamy parmesan & parsley sauce with poached or fried free range eggs 2,6,8(Wheat)

**Smashed Avocado on Toast €14.5**  
Smashed avocado on sourdough toast with poached free range eggs with hollandaise sauce 2,6,8(Wheat),14

**Add to your toast - Smoked Salmon €4 Bacon €3 Feta €2 Fried Rosti €3**

**French Toast €13**  
Grilled brioche french toast with mascarpone and fresh berries, homemade chocolate sauce or crispy bacon and maple syrup with berries 2,5,6,8(Wheat)

**ALLERGENS**  
1.Moluscs 2.Eggs 3.Fish 4.Lupin 5.Soya 6.Milk 7.Peanuts 8.Gluten 9.Crustaceans 10.Mustard 11.Nuts 12.Sesame 13.Celery 14.Sulphites

**LUNCH (FROM 12-4PM)**

**Tandoori Chicken Ciabatta €12**  
Grilled tandoori chicken breast, rocket, cherry tomato and garlic mayo in a warm ciabatta 2,6,8(Wheat)

**Chargrilled Steak Sandwich €16.5**  
Grilled striploin steak, homemade crispy onion, Dijon mustard and rocket on grilled sourdough with homemade pepper sauce 2,6,8(Wheat),10,14

**Veggie Fajita Wrap €12**  
Sautéed Peppers and onions in pucks fajita seasoning, feta cheese, rocket and chipotle mayo in a toasted wrap 2,6,8(Wheat)

**Chicken Quesadilla €14**  
Mexican pulled chicken with dubliner cheese in a grilled quesadilla with sour cream, avocado, pico de gallo, lettuce 5,6,8(Wheat),10,14

**KIDS MENU**

**Kids Breakfast Brioche €6**  
Smashed sausage and egg or bacon and egg with ketchup 2,6,8(Wheat),13 add cheese .50c

**Kids Burger and Chips €9**  
Smashed beef burger with cheese and ketchup in a brioche bun with fries 2,6,8(Wheat),13

**Kids Chicken Tenders and Chips €9.50**  
Fried buttermilk chicken tenders with fries 6

**Belgian Waffles €7.5**  
Warm belgian waffles with chocolate sauce or maple syrup and fresh berries 2,5,6,8(Wheat)



We are all the time looking to try new things and improve our facilities and revenue so we can reinvest in our future of the PSLC, if you have any ideas that you think would be worth looking at, please send them to us at ..

[info@pslc.ie](mailto:info@pslc.ie) Subject: Suggestions.



We would love to hear from you. Can't promise we will be able to do everything, but we will carefully consider all suggestions that will help the **PSLC** and its members to enjoy the Club more.



It been amazing to see how busy the Gym has been since rebranding and relocated to **Martello Fitness** upstairs, if you haven't seen it yet pop in to have a look and you never know you just might get the fitness bug!! Also watch out for some very exciting news coming soon to **Martello Fitness**. 🤗



### **New Beginner Latin Dance Fitness Class – Free Trial!**



Love dancing? Join the brand-new *Latina Dance Fitness* beginner class starting **Tuesday, May 13** at PSLC! This high-energy class is perfect for all ages and fitness levels. Expect real Latin music, neon lights, and the kind of vibes that turn your workout into a party.



**Free trial class available** – just DM *Latina Dance Fitness* on Instagram to claim your spot: [@latinadancefitness](https://www.instagram.com/latinadancefitness).

*Shake, sweat and leave with a smile!*

Did you know as well as **Function Rooms** we also have **Conference/Meeting Rooms** that can be hired for your small or large Meetings, all have Wi-Fi and projectors, check with reception for details.



Remember all our news is updated daily/ weekly on our webpage and social media with over 1800 followers on Instagram and 3.8k followers on Facebook

follow us: [www.pslc.ie](http://www.pslc.ie)  [facebook.com/pslcclub/](https://facebook.com/pslcclub/)  [@pslcclub](https://instagram.com/pslcclub)

*PSLC..... 'The place to be'*