

FAQ: Padel Open Day 9th May

[Padel Club Open Day on 9th May 2026– Everyone Welcome!](#)

1. How do I sign up for the free padel trial or free lessons for the Open Day?

Answer:

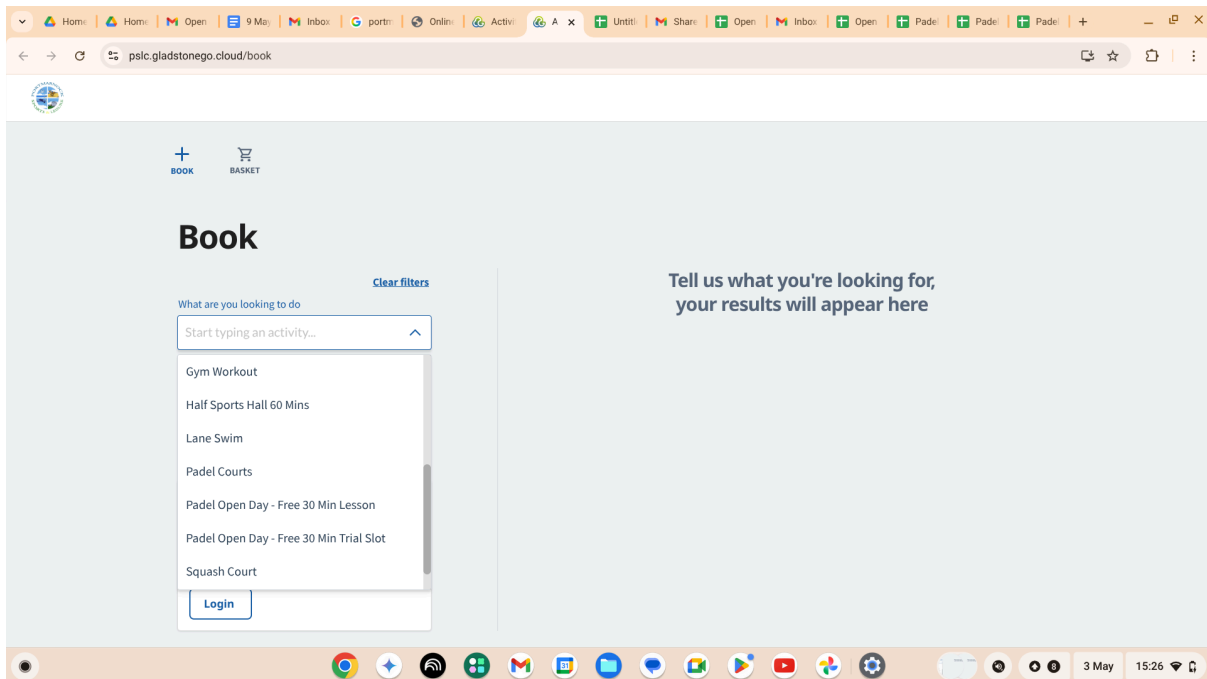
- **Free 30 min trial slot** means booking a free 30min playing slot on an assigned court to try out padel at the PSLC Padel Open Day.
 - 30 min free lessons can be booked on the PSLC Gladstone booking tool available on the PSLC website - **details below**
 - The public can sign up as a group or as an individual with a maximum limit of 4 persons for each 30min slot.
 - Children should be over 10 years of age to join and those players under the age of 16 cannot attend without a supervising adult over 18 also signed up to play in the same slot. .
 - Please **do not sign up for more than one free slot** to ensure that there are sufficient slots available for as many people as possible.
 - For each trial slot, a member of the Portmarnock padel club will be available to explain the rules, give basic playing advice but we are not coaches.
 - Please **do not sign up for more than one free trial slot** to ensure that there are sufficient slots available for as many people as possible.
- **Free 30 minute lesson** means booking a free 30min introductory padel lesson with Coach Debbie Brown.
 - 30 min free lessons can be booked on the PSLC Gladstone booking tool available on the PSLC website - **details below**
 - There is a maximum 4 player spaces available for each 30 min slot.
 - Children should be over 10 years of age to join and those players under the age of 16 cannot attend without a supervising adult over 18 also signed up to play in the same slot.
 - Please **do not sign up for more than one free lesson** to ensure that there are sufficient slots available for as many people as possible.

How to book online:

- Go to the PSLC online booking page: <https://pslc.ie/online-bookings>
- Click into blue heading entitled: ' Book an Activity here' to bring you to the Gladstone booking system here: <https://pslc.gladstonego.cloud/book>
- Please scroll down the type of activity until you see the options listed as
 - Padel Open day - free 30 min lesson
 - Padel Open day - free 30 min trial slot.
- Select 9 May as the date.
- Select time from 12noon : Free trial slots and lessons are available from 12noon onwards to 6pm.
- **If no slots are appearing free to book, this means that the slots are fully booked.**

- Where a slot is available to book, select it and then proceed through the booking process as instructed via the Gladstone system.
- One player can register in each session up to a maximum of 4 players for each 30min slot.
- If cancelling, please contact reception@pslc.ie as a **priority** to make sure slots are not left unused and can be offered online to other members of the public to avail of the free sessions.
- It is **important to prebook** as we expect high demand and limited courts. Without prebooking, cannot avail of the slots. We will not be able to accommodate walk-ins on the day if slots are fully booked.

Screenshot of Gladstone below.



2. What happens if I sign up but then I cannot attend ?

Answer:

- Please cancel your booking online as a priority and if any issues please contact reception@PLSC.ie, we expect high demand and to be able to offer to the public it is important that those that sign up, turn up on the booked timeslot.

3. What is the limit of players on a court during the 30min slot open play/free lesson timeslot?

Answer:

- There is a maximum limit of 4 players for each 30min slot
- Padel is a doubles game, 4 players .

4. How long are the open play/free lesson slots?

Answer:

- The slots are for 30 minutes in duration.
- Please come 10 mins before your slot so that we can ensure good time management on the day.
- Please come to the Padel courts when you arrive and announce yourself to a volunteer at the Padel courts 5 mins before your prebooked slot to ensure that we can manage the process well.
- After the 30 mins slot you will be expected to exit the court to allow the next group to commence their booking.

5. Is there any charge for the open play or free lessons at the Open day?

Answer:

- No, the cost is free .

6. We do not have a racket or padel balls , will rackets and balls be available for use?

Answer:

- Rackets will be available on the day at the courts – please approach one of the padel volunteers at the courts. Please ENSURE to RETURN the padel rackets at the end of your session.
- Padel balls will be made available at the courts and free of charge to use. Do not take padel balls off the courts when you leave.

7. What should players wear?

Answer:

- Wear loose fitting and appropriate sports wear with court shoes to avoid slipping.

8. Can you provide more details for the free beginner lessons on the day?

Answer:

- 30-minute beginner lessons will be provided free of charge for groups of max 4 persons.
- Lessons will be provided on Court 2 in 30-minute slots between the timeslots of 12-2pm & 3-6pm .
- 4 players per timeslot .
- **PREBOOKING** is essential – it is expected to be fully booked.
- On the other courts and timeslots available for Open play , members of the Portmarnock Padel Club will be available on the day on court 1, 3, 4 ,5 to explain the rules of Padel games and some basic elements on how to hit a ball etc – these are volunteers and not padel coaches so will not be providing specific coaching.

9. From the Padel Open day poster, there are exhibition matches on Court 2 between 2-3pm. What is this and can the public watch these matches free of charge?

Answer:

- Yes, anyone can watch these matches free of charge and without pre booking . As the padel courts are glass with open space around them, members of the public can easily watch the matches.
- The exhibition matches will consist of 2 matches as follows:
 - Court 2: Ireland Padel squad players exhibition match
 - Court 1: Portmarnock Padel Club Class 2 Dublin League male and female team winners exhibition match

10. From the Padel Open day poster, there are tournaments listed ? Can the public sign up to these tournaments and can we watch for free?

Answer:

- The tournaments listed on the Open day poster will be open for sign up for Portmarnock Padel club members and are not for the public sign up.
- There will be members of the Portmarnock Padel club volunteering at the Open day event and can provide information to persons interested to join the club on our membership details, events and activities run by the club.
- Members of the public can watch the club tournament matches for free and without pre-booking.
- As the padel courts are glass with open space around them, members of the public can easily watch the matches.