



PORTMARNOCK SPORTS AND LEISURE CLUB

P.S.L.C. Blackwood Lane, Portmarnock, Co. Dublin. Ph: 846 2122, Fax: 846 1258, e-mail: info@pslc.ie

SWIM LESSONS 2019-2020 Term 1 12 Week Term

APPLICATION FORM

PORTMARNOCK SPORTS LEISURE CLUB

Name: _____

Address: _____

Child's Age: _____

Class: **Beg / imp1/imp2 / deep
Adv1/Rookie/Adult**

Day & Time: _____

Telephone: _____

Mobile _____

Email: _____

Mem no: _____

Payment: _____

NO REFUND WITHOUT MEDICAL CERTIFICATE

**Please advise us of any
medical conditions
or
special requirements.**

- Please complete a separate form for each child.
- You may only book for your own children.

JUNIOR SWIM LESSONS

Tuesday 10th September - Sunday 8th December

Mid term break 28th October – 3rd November 2019

WED 10.50am PARENT & TODDLER

Pay as you go class Mem: €6.50 Vis: €8.50

TUESDAY	12.45 pm - 1.15 pm	PRE SCHOOL
	1.15 pm - 1.45 pm	PRE SCHOOL
WEDNESDAY	11.25 am - 12.00 pm	PRE SCHOOL
	12.45 am - 1.15 pm	PRE SCHOOL
	1.15 pm - 1.45 pm	PRE SCHOOL
THURSDAY	2.20 pm - 3.00 pm	BEG / IMP 1
	4.45 pm - 5.25 pm	BEG / IMP /DEEP
	5.25 pm - 6.05 pm	BEG / IMP /DEEP
FRIDAY	6.15 pm - 6.55 pm	ADVANCED 1
	2.20 pm - 3.00 pm	BEG / IMP 1 & 2
	3.00 pm - 3.40 pm	BEG / IMP /DEEP
SATURDAY	3.40 pm - 4.20 pm	BEG / IMP /DEEP
	4.30 pm - 5.10 pm	BEG / IMP /DEEP
	5.15 pm - 5.55 pm	ADV 1+ROOKIE
SUNDAY	10.00 am - 10.40 am	BEG / IMP /DEEP
	10.40 am - 11.20 am	BEG / IMP /DEEP
	11.20 am - 12.00 pm	BEG / IMP /DEEP
SUNDAY	4.00 pm - 4.40 pm	BEG / IMP /DEEP
	4.40 pm - 5.20 pm	BEG / IMP /DEEP
	5.20 pm - 6.00 pm	BEG / IMP /DEEP

**PRICE: Members €95
Non members €115**

- Please advise teacher of any medical conditions which may affect Pupils during swim.
- Class time or day may be not changed unless approved by teacher.
- Over 7's please use appropriate changing room.
- Hats must be worn in the pool. They are available to purchase at Reception along with armbands, Goggles, swim socks.

ADULT SWIM LESSONS

Tuesday 10th September - Sunday 8th December

Mid term break 28th October – 3rd November 2019

DAY	TIME	CLASS
TUE	8:00pm - 9:50 pm	BEG/IMP
WED	10:00am -10:50am	BEG/IMP
PRICE:	MEMBERS	€115
	NON MEMBERS	€135

- PRE SCHOOL Class (2½-4/5 years)
Parents are requested to remain on the premises for the duration of the class.
- Swim Lessons minimum age 5 years (OR must be attending school)
- Teachers should not be interrupted during class times.
- Please follow Pool Rules at all times.
- Teachers may move a child to a different level at any point during a term and all changes are at the teachers' discretion.
- There are set criteria for each ability level, please leave your number at reception for more information.

NB: Photography and Filming Equipment (including camera phones) is strictly prohibited on viewing gallery and pool bank.

PORTMARNOCK SPORTS AND LEISURE CLUB

SWIMMING LESSONS 2019 - 2020

TERM 1

Tuesday 10th September - Sunday 8th December

12 WEEK TERM

Mid term break 28th October – 3rd November 2019

<u>ABILITY</u>	<u>GROUP NAME</u>	<u>AWARD</u>
BEGINNERS	DOLPHINS	BADGE
IMPROVERS	ALLIGATORS 1 ALLIGATORS 2	BADGE BADGE
DEEP END	Sharks	BADGE CERT
ADVANCED 1	SEALS	BRONZE AWARD SILVER AWARD GOLD AWARD
ADVANCED 2	ROOKIE LIFEGUARD	ROOKIE LIFEGUARD CERT

IMPORTANT NOTICE TO ALL PARENTS OF CHILDREN PARTICIPATING IN SWIMMING LESSONS.

You are welcome to use the viewing gallery during swimming lessons, but we must stress the importance of supervising all children who are in your care at all times whilst on the premises.

NB: Photography and Filming Equipment (including camera phones) is strictly prohibited on viewing gallery and pool bank.



2019 - 2020

SWIM LESSONS

Term 1

